

I understand that the massage/bodywork I will receive is provided for the basic purpose of relaxation and relief of **muscular tension and/or** tension in **the nervous system**.

If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort.

I further understand that massage or bodywork should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor, or other qualified medical specialist for any mental or physical ailment of which I am aware. I agree I will not stop receiving medical treatment or medications prescribed by my medical practitioners without consulting them just because I may feel better from this massage/bodywork.

I understand that massage/bodywork practitioners are not qualified to diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given should be construed as such. Because massage/bodywork should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I fail to do so.

I also understand that any illicit or sexually suggestive remarks or advances made by me will result in an immediate termination of the session, and I will be liable for payment of the scheduled appointment.

I understand every precaution has been taken to prevent the transmission of COVID (including recommended sanitation of the room and massage table and bathroom) and the room has been aired out (windows opened, ceiling fan on and HEPA air filter on) before my arrival. And I may choose to have the windows opened and ceiling fans on, and/or the HEPA air filter on during the session to promote further air circulation. Finally, the use of face masks and taking of temperature upon arrival will follow local and state mandates, and I may request face masks be used even if they are not mandated locally.

Signature

Date

Susanne's Bodywork for Well Being

